**BURGER BOWL**

Start With the bottom and work your way up!

A plate of food with a sandwich and a salad

Description automatically generated

2c Romain Lettuce

4oz Ground Beef

½c grilled mushrooms

1 slice Munster cheese

Sliced Dill Pickles

2oz Avocado

\*add and track condiments of choice

CAL- 324

Protein: 32

Carbs: 8

Fat: 24